

Doggie Biscuits

Delicious and nutrious - Why buy store bought treats when you can make them yourself?!? These treats will please your favorite canine and your pocketbook!

Active Time: 10 minutes

Yield: about 2 dozen

Ingredients:

2 cups whole-wheat flour

1 ½ cups rolled oats

1 cup loosely chopped parsley

¹/₄ cup dry nutritional yeast

½ cup creamy peanut butter (unsalted)

1 teaspoon garlic powder

1 egg

1 cup chicken or beef broth (low sodium)

- 1. Preheat oven to 270 degrees
- 2. Place oats, flour, yeast, garlic powder and parsley in a Cuisinart/ food processer until finely ground (about 1 ½ to 2 minutes)
- 3. Add peanut butter and processes until combined (30 seconds).
- 4. Add the egg and broth.
- 5. Process until the dough forms a ball that spins around the food processer.
- 6. Take the dough out and place on cutting board or clean countertop (add some wheat floor first so it work stick).
- 7. Kneed dough to form a nice round ball.
- 8. With a rolling pin, roll out dough about ½ inch thickness.
- 9. Take your cookie cutter (I used a dog bone) and cut out shapes.
- 10. Place on parchment paper on a cookie sheet.
- 11. Put in oven for about 2 hours, they are done when they are lightly browned and dry (a but crumbly, dogs love that)
- 12. Cool and store in an airtight container. Serve to your favorite doggie!

Hollie's Note: If you want to add more Omega-3s for healthy skin and fur, add ½ cup ground flax seed after you add the oats in the second step.

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