

Apple Spice Muffins

Full of apple pieces, nuts, honey and spices, these chunky muffins are SO good! And super easy to make!

Active Time: 10 minutes Total Time: 30 minutes

Yield: 12 muffins (dozen)

Ingredients: (dry) 1 ¹/₄ cup flour ¹/₂ cup sugar

1 ½ teaspoon baking powder

½ teaspoon HH Orange & Marigold Salt (or sea salt)

½ cup chopped pecans

1/4 cup chopped Macadamia nuts

³/₄ teaspoon cinnamon

½ teaspoon nutmeg

1/4 teaspoon cardamom powder

<u>Ingredients</u>: (wet)

1/4 cup of HH Rose Honey (or plain honey)

2 eggs

2 cups diced apples (small pea size pieces) – apple peel on or off, up to you!

³/₄ cup vegetable oil

1 ½ Tablespoon water

- 1. Preheat oven to 400 degrees.
- 2. Prepare muffin pan lining with cupcake cup papers.
- 3. In a large mixing bowl, add flour, sugar, nuts, salt and spices.
- 4. In a separate bowl, add eggs first and beat them for 30 seconds, then oil, water, honey and apples. Stir gently just to blend everything.
- 5. Pour egg mixture all at once into the flour mixture and stir just until the flour is moistened.
- 6. Add batter into cups, filling ³/₄ to the top.
- 7. Bake for 15 18 minutes. Test when toothpick comes out clean, then done.

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Ready for the oven!



All Done!

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