



Brewing the Perfect Tea with *Hollie's Homegrown* Herbs

Hot tea instructions:

Boil water, use amount for your desired tea pot
“Bruise” herbs by hitting several times with the back of a wooden spoon (this will help release their flavor)
Place herbs in pot (ceramic or glass)
Pour the boiling water into the tea pot
Let herbs steep for 10 minutes
Use a strainer to catch the herbs, pour into your favorite tea cup!

Iced Tea instructions:

Boil water, use amount for your desired pitcher
“Bruise” herbs by hitting several times with the back of a wooden spoon (this will help release their flavor)
Place herbs in pitcher (ceramic or glass)
Pour the boiling water into the pitcher
Let herbs steep for 10 minutes
Add 1 to 2 cups of ice, depending on the pitcher size
Keep the herbs (don't strain them out) it will help keep the flavor!