

Cucumber Herb Gazpacho

Gazpacho is traditionally made with tomatoes but this cucumber version is very refreshing on a hot summer day. A wonderful first course, goes well with grilled salmon, chicken, Portobello mushrooms, or squash and zucchini.

Active Time: 15 minutes

Total Time: 15 minutes if you eat immediately, I recommend 1 hour in the Fridge before serving.

Yield: 6 servings

Ingredients:

3 English cucumbers, peeled and coarsely chopped, about 6 cups

2 small celery stalks with leaves, chopped

3 scallions, white and green parts, coarsely chopped

1 Tablespoon, roughly chopped of each: Fresh Mint, Parsley, Dill, Lemon Thyme (you can omit the Lemon Thyme if you don't have it)

1 Teaspoon HH Lemon Marigold Salt, or sea salt

1 large clove garlic, minced

1 Teaspoon lemon juice

½ Teaspoon lemon zest

2 Tablespoons HH Herbs de Moraga olive oil, or olive oil

1 Tablespoon HH Rose Vinegar, or white wine vinegar

1/2 cup plain yogurt (use Greek for a thicker consistency)

- 1. In blender or food processor, combine Cucumber, Celery, Scallions, Fresh herbs, Salt, Garlic, Olive Oil, Lemon Juice, Lemon zest, and Vinegar. Process until smooth, no lumps.
- 2. Add yogurt and process to blend. About 1 minute.
- 3. Transfer to non-reactive container (ceramic, glass, or Mason jar) cover and refrigerate at least one hour before serving. Garnish with finely chopped dill and parsley and serve.

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